



“Mental health disorders are the most common diseases of childhood - more than cancer, diabetes, and AIDS combined. Less than 20% of children actually get the treatment they need.”

Through a Health Needs Assessment, the Children’s Hospital of Michigan Foundation identified Pediatric Mental Health as an area of focus for support. Over the past two years, the Foundation has granted nearly 1 Million dollars to mental health and wellness programs and research.

Funded programs include:

JED Campus

The goal of the JED Campus program is to assess and enhance the existing mental health programs at participating college campuses while helping to create positive, lasting, systemic change in the campus community. JED Campus consists of a comprehensive framework which is a consolidation of factors known to help promote mental health, prevent suicide, and limit substance abuse. Key components include identifying students at risk, increasing help-seeking behavior, developing life skills, providing mental health and substance abuse disorder services, promoting social connectedness, and restricting access to potentially lethal means. Together with other community partners, CHMF support enables Michigan colleges and/or universities to enroll in the JED Campus program. CHMF support level: \$15,000

Brain Function and Genetics in Pediatric Obsessive-Compulsive Behaviors

This WSU study aims to delineate the relationship between pediatric obsessive-compulsive behaviors and FSTC brain connectivity and activity using fMRI data, identify common and rare variants associated with FSTC brain connectivity and activity using genetic analysis, and identify genetic variants that are associated with other brain structures using combined genome-wide array data. CHMF support provides a research assistant and the cost of patient MRI for this study. CHMF support level: \$45,000

Psychology Internships

To serve the mental health needs of CHM patients and the community, this program supports the stipends for two psychology interns. At present, the CHM Psychology Internship is the only APA-accredited psychology internship with a focus on pediatric psychology in Michigan. Its innovative training model provides interns with training in evidence-based evaluation and treatment of children and their families by integrating physical and mental health care seamlessly. CHMF support level: \$69,380

Neuropsychological, Social, Emotional, and Behavioral Outcomes in Children with Cancer

The aim of this program is to support the salary and benefits of a research assistant to complete neuropsychological and behavioral assessments on children in the Oncology Clinic at CHM. These assessments are crucial in monitoring for late effects caused by the treatments used in cancer therapies. The assistant performs a complex battery of tests and reports findings to the patient's medical doctor, psychologist, family, and the Children's Oncology Group, who supplies the standardized assessment. CHMF support level: \$12,410

Project Challenge

A primary goal of this program is to provide psychological services to children and families affected by HIV. The aim is to improve mental health functioning through psychological assessment and diagnosis, and through individual and family therapy services to children and adolescents ages 0-18. The program promotes psychosocial adjustment among HIV infected and affected children and adolescents, both within the CHM pediatric HIV clinic and within the CHM psychiatry/psychology division and attempts to decrease the risk of substance abuse and risk behaviors in children and adolescents. CHMF support provides payment for 10 part-time counselors, transportation, camp supplies and activities. CHMF support level: \$53,901

Integrated Behavioral Health Care for General Pediatrics and Adolescent Medicine

This program works in an integrated fashion to promote children's overall mental, social, emotional, and physical health, as well as prevent and reduce the burden of mental health symptoms among children and their families. Its overarching goals are to integrate empirically supported mental health and substance abuse treatment into the GPAM Clinic at CHM, thereby positively impacting service access to children identified as suicide risks, reduce the stigma associated with seeking services for mental health and substance abuse problems among children, adolescents, and their families, improve the likelihood that children and adolescents seeking health care will identify their need for mental health and substance abuse treatment and will engage in treatment for these conditions, improve the mental health and substance abuse outcomes of children and adolescents seen at the GPAM Clinic, and continue training for mental health professional in the operations of an integrated care model of service delivery. CHMF support provides partial salary and benefit support for two therapists and three graduate students, as well as intervention materials. CHMF support level: \$74,451

Camp Kangaroo

Seasons Hospice Foundation provides a bereavement camp experience for children, adolescents, and their families who are struggling with the loss of a loved one. By providing a safe and supportive environment for campers to express their emotions and increase their resiliency through effective coping strategies, the camp's ultimate goal is to decrease a child's vulnerability to delinquency and mental and physical health issues. Additionally, an adult group is provided for parents and guardians while their children and adolescents are involved in camp activities so that they may learn how to support their children at home. CHMF supports camp personnel and supplies. CHMF support level: \$15,000

Supporting Healthy Youth Development Through School-Based Child and Adolescent Health Centers

The Beaumont Teen Health Center, River Rouge, is expanding its behavioral health services to provide a safety net for children and teens who have limited options and support. This comprehensive primary care clinic provides mental health screening and treatment for young people within the local community, which has shown high incidences of risk behaviors related to environment. The goal of the program's expansion is to provide additional access to screening, assessment, diagnosis, counseling, and case management services. These services will be grounded in an understanding of and responsiveness to the impact of trauma on children and adolescents. CHMF support provides a 0.8 FTE social worker to this program. CHMF support level: \$100,000 for two years

Sensory Desensitization Tools: Creating and Calming Environment for the Child with Autism or Sensory Processing Disorder

To help meet the unique needs of CHM patients with autism or sensory processing disorder, this program provides weighted blankets, chews, and handheld massagers that create a calming, desensitized environment during hospital visits and procedures. These evidence-based tools reduce stress for children who have difficulty coping in a hospital environment, improving patient safety and outcomes. CHMF support level: \$3,250

Detroit PBS KIDS: Healthy Choices, Happy Children Community Campaign

In an effort to raise awareness, inform parents of children ages 0-8 about common childhood health issues, and promote healthy, active lifestyle choices for children and their families, Detroit Public Television will create eight videos, five of which will address mental health themes such as ADHD, bullying, depression, addiction, and autism. These messages will be broadcast on Detroit PBS Kids 24/7 channel 300 times, with an anticipated weekly reach of over 500,000 viewers, and will air on Detroit Public Television Channel a minimum of 150 times. The videos will also be distributed via DPTV's digital platforms. CHMF will be recognized in all videos and in rotating banner ads on DPTV.org and the DPTV kids page. CHMF support level: \$99,038

Youth Mental Health: "We Need to Talk" Multimedia Content Packages

This program promotes transformative awareness of youth mental health issues through the Jewish Federation of Metropolitan Detroit's education campaign "We Need to Talk." Ten multimedia content packages will be created which will feature mental health experts discussing why and how to maintain one's mental well-being and how to recognize and help someone who may be in crisis, and personal stories from teen community members who have suffered from mental illness. These packages will target children and adolescents in grades 4-12, as well as parents, educators, and mental health professionals. They will highlight and destigmatize mental health issues and improve awareness and availability of information about youth mental health. CHMF support level: \$50,000

Lessons for Life 2.0 – Experiential Learning for Students with Special Needs

At the Friendship Circle's Weinberg Village, young people with autism and other disabilities learn life skills that help them successfully navigate school and integrate into society. The Village, with its 5,000 square-foot true-to-life landscape of eleven different storefronts serves as a safe, controlled, realistic

location where special education teachers can utilize life skill lessons for their students. These lessons in communication, problem solving, and socialization practiced in a real-life environment can help these students avoid feelings of low self-esteem and extreme behavioral management issues. CHMF support provides scholarships for six schools to attend the Village six times each, with 25 students per visit, along with twelve evaluation monitors, student assessments, and report compilation. CHMF support level: \$50,000

Expansion of Supervision and Services to Support the State of Michigan Autism Benefit for Applied Behavior Analysis

Applied Behavior Analysis (ABA) is a life-changing treatment for many children with autism, but because it has only recently become accessible many medical providers are unfamiliar with the service and where to refer patients. Additionally, there is a shortage of behavior analysts trained to provide this treatment. This program aims to expand the University Pediatricians Autism Center by providing support for two professionals skilled in administering ABA, who will not only improve the lives of children with autism and their families, but also educate students from behavior analyst training programs and train up to 100 additional residents and graduate students per year in screening, diagnosis, and treatment referral for autism. CHMF support level: \$39,883

Summer Learning Individualized Experiences (SLIDE)

This program of the Detroit Institute for Children provides valuable instruction and therapy during the summer to children with special needs in order to combat summer learning loss. Particularly for children with developmental, emotional, and/or behavioral needs, early intervention to close the achievement gap from summer learning loss leads to greater long-term academic improvement. CHMF support for this program involves offering these children the opportunity for experiential learning through field trips that support science, art, and other educational themes. The children will return to school in the Fall with higher levels of engagement, confidence, and accomplishment. CHMF support level: \$5,000

Connect Today! Delivering Innovative Quality and Timely Mental Health Services to Youth

The purpose of this Boys & Girls Club program is to reduce antisocial behavior, depression, and anxiety among at-risk, delinquent, and transitioning youth. Utilizing both traditional and innovative delivery methods, the program will reach youth and families who are isolated and underserved by the current mental health delivery system, and focus on young people ages 11-18 who have evidence of depression, anxiety, trauma, substance abuse, conduct disorder, or other behavioral disorders that may benefit from therapeutic intervention. To this end, this program supports one full-time and one half-time licensed therapist and one half-time administrative and triage coordinator. CHMF support level: \$70,000

Community Partners



Beaumont

